
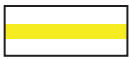











## Color Belt Testing Requirements - 1 of 2 pages

WhiteBelt	<b>PATTERN</b>	<b>TERMINOLOGY</b>	<b>ADULTS</b>
	White Belt Ki-Bon-Dong-Jak Saju-Jirugi	Basic Kicks Tenets, Counting, Oath	Saju-Maki, 1 Steps
	Yellow Stripe Chon-Ji	Sparring Tenets, Counting, Oath	1 Steps
	Yellow Dan-Gun	Sparring Tenets, Counting, Oath	1 Steps Breaking, 9 yrs.+ Step behind side kick
	Green Stripe Do-San	Sparring Tenets, Counting, Oath	1 Steps Breaking, 9 yrs.+ Pick Technique
	Green Won-Hyo	Sparring Tenets, Counting, Oath	1 Steps Breaking, 9 yrs.+ Pick Technique
	Blue Stripe Yul-Gok	Sparring Tenets, Counting, Oath	1 Steps Breaking, 9 yrs.+ Pick Technique
	Blue Joong-Gun	Sparring Tenets, Counting, Oath	1 Steps Breaking, 9 yrs.+ Pick Technique
	Red Stripe Toi-Gye	Sparring Tenets, Counting, Oath	1 Steps Breaking, 9 yrs.+ Pick Technique
	Red Hwa-Rang	Sparring Tenets, Counting, Oath	1 Steps Breaking Pick Technique
	Single Black Stripe Choong-Moo	Sparring Tenets, Counting Oath	1 Steps Breaking Pick Technique
	<b>DOUBLE BLACK STRIPE REQUIREMENTS ON PAGE 2</b>		

## Double Black Stripe Requirements

### ADULTS

9 Patterns  
Free Sparring  
One-Step Sparring  
Terminology (*11 and older*)  
– *Definition of 9 Patterns*

### CHILDREN

9 Patterns  
Free Sparring  
Terminology  
– *Six Tenets*  
– *Oath*

### ADULTS

BREAKING  
Power Break Kick – 4 Boards  
One Hand Technique – 3 Boards  
One Kicking Technique – 3 Boards  
Women: *Same as above*  
*but minus 1 board*

### CHILDREN

**BREAKING (10 YRS OLD & UNDER)**  
Step Behind Side Kick (1 Board)  
Hand Technique – 1 Board  
Back Kick – 1 Board  
Jump Side Kick – 1 Board

**BREAKING (11 & 12 YEAR OLDS)**  
Step Behind Side Kick – 2 Boards  
Back Kick – 1 Board  
Hand Technique – 1 Board  
Jump Over 1 or More Persons -1 Board

**BREAKING (13 YRS & OLDER)**  
Step Behind Side Kick – 2 Boards  
Back Kick – 2 Boards  
Hand Technique – 1 Board  
Jump Over 1 or More Persons -1 Board